

**Associations Active AP Open Competition**  
**5<sup>th</sup> Baltic Biathlon Masters Championship 2024**  
**(5<sup>th</sup>BBMC 2024)**

**Regulations**

**COOPERATION PARTNERS AND ORGANIZERS**

The author of the idea and organizer is the Association Active AP. Main supporters Madona BJSS, Sports and Recreation Centre "Smeceres sils".

**TASK OF THE COMPETITION**

To promote biathlon. To bring up the biathlon master's movement in Latvia and in Baltics. To gain new experience and to improve existing knowledge about biathlon and its diversity. To spend time actively, to improve and find out your strong qualities. To get ready for the next race season. Conquer yourself!

**To spend some of the nice days of September in a fun and sporty company.**

**PLACE AND TIME OF THE COMPETITION**

The competition takes place on 31<sup>st</sup> August – 1<sup>st</sup> September, 2024 in the best Latvian and Vidzeme Sports and Recreation Centre "Smeceres sils", which has a shooting range and just good people. More accurate address: Lazdonas parish, Madona district. Coordinates: 56°84'15"N 26°19'55"E The start of the zeroing at is coordinated with Greenwich (+2 hours) – 10:00. Start at 11:00.

**PARTICIPATION FEE:**

Group	Until 15.08.2024	Until 30.08.2024	Competition day
S/V18 – S/V70	30.00 EUR	35.00 EUR	45.00 EUR
S/V13, S/V16*;	15.00 EUR	20.00 EUR	35.00 EUR

**INVENTORY NEEDED:**

**Rollers, sticks, ski boots, a bicycle** (powered only by muscle power, suitable for the MTB track) must be brought with you, you must not forget a weapon and ammunition at home, clothing according to the weather conditions. **Helmet** is mandatory, glasses are also recommended. Groups S/V13 start on roller skates with START roller wheels with a size no larger than 71 mm. The other groups will start on Skigo aluminum rollers provided by the competition organizers. Bicycles can be rented at the "Smeceres Sila" base, if they are available (phone +371 29347575).

**PARTICIPANTS: The following groups participate in the competition:**

Group	year of birth
S/V 13	2010 and Younger
S/V 16	2009 – 2007
S/V 18	2006 – 1995
S/V 30	1994 – 1985
S/V 40	1984 – 1975
S/V 50	1974 – 1965
S/V 60	1964 – 1955
V 70+	1954 and older

The membership fee can be transferred to the bank account of the Association Active AP, indicating your name and surname (or several members), if necessary, you can issue an invoice.

**Properties:**

**Association Active AP**

**Reg. No.:** 40008231068

**Bank:** AS "Swedbanka"

**Account:** LV35HABA0551039395743

**Purpose:** BBMC Name Surname

## PROGRAM OF THE COMPETITION

### The thirty-first (31) day of August:

#### Sprint (rollerskis)

Zeroing 10:00 – 10:50 (2x20 min) shooting on paper targets.

#### Start 11:00

For participants S13, V13, S16 – S60 and V60 – V70+, weapons are on the shooting range, the other groups are moved to their backs during the gun competition. Competitors must cover a distance appropriate for their age, following the generally accepted conditions in biathlon. **It is forbidden to move with roller skates on the track during the competition!**

### Relay after sprint start (60 min after the last finisher)

#### The first (1) day of September:

Reversed pursuit (MTB)

Zeroing 09:30 – 10:15 (2x20 min) shooting on paper targets.

#### 10:30 Start

Weapons for participants are in pyramids. Movement in the shooting range takes place in a circular direction, riding a bicycle in the shooting range is prohibited. Participants must complete a distance appropriate for their age, following the generally accepted conditions in biathlon. **It is forbidden to ride a bicycle in the shooting range during the competition! For disobeying the ban, a penalty of 30 seconds will be added to the score for each time.**

## DISTANCE

### The 31th day of August:

#### SPRINT START ROLLERSKIS

Group	Distance	Shooting range (P-Prone, S-standing)	Penalty loop (m)	Notes
S13, V13	3 km (3x1.0 km)	P+P	100	Rifle on shooting range
S60, V70	3 km (3x1.0 km)	P+S	100	Rifle on shooting range
S16 – S50, V60	3.7 km (1x 1.7 + 2x1.0 km)	P+S	100	Rifle on shooting range
V16 – V50	6 km (3x2 km)	P+S	150	Rifle on the back

S/V16-S/V60, V70 groups will receive roller skates SKIGO aluminum, wheels No. 3 - provided by the organizers before the start.

S/V13 group START SKATING wheel diameter 71mm.

#### RELAY\*

Group	Distance	Shooting range (P-Prone, S-standing)	Penalty time (sec.)	Notes
Men	3x1 km rollerskis**	P+S	10	Rifle on shooting range
	3x1 km MTB	P+S		Rifle on the pyramid
	3x0.8 km running	P+S		Rifle on the pyramid
MIX (At least 1 women)	3x1 km rollerskis**	P+S	10	Rifle on shooting range
	3x1 km MTB	P+S		Rifle on the pyramid
	3x0.8 km running	P+S		Rifle on the pyramid
160+ (Combine team age 160+ years old)	3x1 km rollerskis**	P+S	10	Rifle on shooting range
	3x1 km MTB	P+S		Rifle on the pyramid
	3x0.8 km running	P+S		Rifle on the pyramid

\* Participants who have applied for the main competition can take part

\*\* Rollers SKIGO aluminum, wheels No. 3 - provided by the organizers, given before the start.

## The 1th day of September:

### REVERSED PURSUIT (MTB)

Group	Distance	Shooting range (P-Prone, S- standing)	Penalty time (sec.)	Notes
S13, V13,	4 km (4x1.0 km)	P+P+P	10	Rifle on shooting range
S60, V70	5 km (5x1.0 km)	P+P+S+S	15	Rifle on shooting range
S16 – S50, V60	7.5 km (5x1.5 km)	P+P+S+S	15	Rifle on the pyramid
V16 – V50	10 km (5x2 km)	P+P+S+S	25	Rifle on the pyramid

\* V/S 13, V/S 15 group start pursuit (winner start first)

### MANAGEMENT

The competition is organized by Association Active AP in cooperation with *Madona BJSS*. The chief referee – Andis Pusnakovs, responsible for tracks Pusnakovs Andis, responsible for time control (in process) and shooting range Una Patrīcija Arama.

### AWARDING

With prizes will be awarded 1st – 3rd place winners in each group. Surprise awards.

### ADMISSION OF PARTICIPANTS

Organizers of the competition do not take responsibility for accidents or diseases (those two are not invited). Each one himself is responsible for its health condition, health and accident insurance. Those who are unable to provide it – please ask your parents, guardians, or sponsors to find a solution. Transport, accommodation, food and participation expenses covers sending organization or participant himself.

### DISQUALIFICATION

Disqualified is everyone who violates the rules of sports and recreation center “Smeceres Sils” and during the competition violates any of below mentioned rules:

- non-sporty behavior;
- disregard of remarks of organizers and referees;
- disregard of safety rules on shooting range and with a rifle;
- for shortening the distance

Can also disqualify a participant who has finished and until awards ceremony has violated any of above-mentioned rules, thus giving an option to other participant to step up for a position in the group.

### PROTESTS

We hope very much that there won't be any protest as we are tended not only on atmosphere where one has to win for any price. The most important is to enjoy yourself, nature and great people around. But, in case if such a situation appears, the chief referee makes an objective decision about importance of the protest.

Submission protest fee is EUR 50.00 by a richly served table covered by an applicant, inviting involved parties. Protests will be reviewed at available time out of the organization of the race – perhaps, after the competition. Results of protest will be sent via e-mail!

### Commission of protest:

Chief: Andis Pušņakovs  
Members: Marijan Kačanovski  
Una Patrīcija Arama  
Aira Bērziņa  
Participant or coach loyal to applicant

**PHOTO AND VIDEO**

Organizers have rights to use photos and video records taken during the race and to use them for promoting the competition without confirmation with people in it. Published photos and video will be available for downloading.

**CHANGES IN REGULATIONS**

Organizers have rights to make changes and additions in regulations. Organizers are not responsible about ignorance of regulations. The regulations in Latvian is the main one.

**APPLICATIONS**

Application shall be submitted until 30<sup>th</sup> day of August this year, 16.00. Application form is available [www.smeceressils.lv](http://www.smeceressils.lv). Mob.: +371 29391780 (Andis)