

Associations Active AP Open Competition  
**7<sup>th</sup> Baltic Biathlon Masters Championship 2026**  
**(7<sup>th</sup> BBMC 2026)**  
**Regulations**

**COOPERATION PARTNERS AND ORGANIZERS**

The author of the idea and organizer is Andis Pusnakovs together with the Association Active AP. Main supporters and co-organizers are Madona BJSS and the best sports and recreation centre "Smeceres sils".

**TASK OF THE COMPETITION**

To promote biathlon! To bring up the biathlon master's movement in Latvia and in Baltics. To gain new experience and to improve existing knowledge about biathlon and its diversity. To spend last week of August in **a fun and sporty company**. To spend time actively, to improve and find out your strong(er) qualities. To get ready for the next race season. Conquer yourself!

**PLACE AND TIME OF THE COMPETITION**

The competition takes place on 29<sup>st</sup> - 30<sup>st</sup> August, 2026 in the best Latvian and Vidzeme Sports and Recreation Centre "Smeceres sils", which has a shooting range and simply good people. More accurate address: Lazdonas parish, Madona district.

Who prefers to follow coordinates: 56°84'15"N 26°19'55"E

The start of the zeroing is coordinated with Greenwich (+2 hours) – 11:00. Start at 12:00.

**PARTICIPATION FEE:**

Group	Until 01.07.2026	Until 15.08.2026	Until 28.08.2026	Competition day
W/M18 – W/M70	25.00 EUR	30.00 EUR	40.00 EUR	50.00 EUR
W/M16*	12.00 EUR	15.00 EUR	20.00 EUR	40.00 EUR
W/M13*	8.00 EUR	11.00 EUR	15.00 EUR	30.00 EUR

\*Discount for Madonas BJSS students 50%

**INVENTORY NEEDED:**

**Roller skis, sticks, ski boots, a bicycle** (powered by muscle power only, suitable for the MTB track) must be brought with you, you must not forget a rifle and ammunition at home, clothing according to the weather conditions. **Helmet IS MANDATORY**, glasses are also recommended. Groups W/M13 start on roller skis with START roller wheels with a size no larger than 71 mm or alternative wheels according to the size. The other groups will start on Skigo aluminum rollers provided by the competition organizers. Bicycles can be rented at the "Smeceres Sils" base, if they are available (phone +371 29347575).

**PARTICIPANTS:**

**The following groups participate in the competition:**

Group	year of birth
W/M 13	2011 and Younger
W/M 16	2010 – 2008
W/M 18	2007 – 1996
W/M 30	1995 – 1986
W/M 40	1985 – 1976
W/M 50	1975 – 1966
W/M 60	1965 – 1956
M 70+	1955 and older

Athletes who have not competed in IBU organized competitions in the last two seasons (2024/2025 and 2025/2026) are eligible to participate in the competition.

The participation fee can be transferred to the bank account of the Association Active AP, indicating your name and surname (or several members), invoice may be issued, if necessary.

**Details:**

Biedrība Active AP

Reg. No.: 40008231068

Bank: AS "Swedbanka"

Account: LV35HABA0551039395743

Purpose: BBMC Name Surname, group

## PROGRAM OF THE COMPETITION

### The 29<sup>th</sup> day of August:

#### **Sprint (rollerskis)**

Zeroing 11:00 – 11:50 (2x20 min) shooting on paper targets.

Start 12:00

For participants W13, M13, W16 – W60 and M60 – M70+, rifles are on the shooting range, the other groups carry their rifles on their back during the competition. Competitors must cover a distance appropriate for their age, following the generally accepted conditions in biathlon. **It is forbidden to do warm up with roller skates on the track during the competition!**

### Relay after Sprint (60 min after the last finisher)

**Without zeroing!!!**

### The 30<sup>th</sup> day of August:

#### **Pursuit (MTB)**

Zeroing 09:30 – 10:00 (30 min) shooting on paper targets.

10:10 Start

All groups start according to the pursuit competition principle. Participants do not have penalty laps, but will be given penalty time for each missed target according to the competition group.

For participants W13, M13, W16 – W60 and M60 – M70+, rifles are on the shooting range, the other groups participant rifles are in pyramids. Movement in the shooting range takes place in a circular direction, riding a bicycle in the shooting range is prohibited. Participants must complete a distance appropriate for their age, following the generally accepted conditions in biathlon. **It is forbidden to ride a bicycle in the shooting range during the competition! For violating the ban, a penalty of 30 seconds will be added to the score for each time.**

## DISTANCE

### The 29<sup>th</sup> day of August:

#### **MASSTART START ROLLERSKIS**

Group	Distance	Shooting range (P-Prone, S-standing)	Penalty loop (m)	Notes
W13, M13	3 km (3x1.0 km)	P+P	100	Rifle on shooting range
W60, M70	3 km (3x1.0 km)	P+S	100	Rifle on shooting range
W16 – W50, M60	4 km (2x1.0 km + 2x1.0 km)	P+S	100	Rifle on shooting range
M16 – M50	6.0 km (3x2 km)	P+S	150	Rifle on the back

W/M13 group START wheel diameter 71mm or analog

W/M16-W/M60, M70 groups will receive roller skates SKIGO aluminum, wheels No. 3 - provided by the organizers before the start.

#### **RELAY\***

Group	Distance	Shooting range (P-Prone, S-standing)	Penalty time (sec.)	Notes
<b>Men</b>	3x1 km rollerskis**	P+S	14	Rifle on shooting range
	3x1 km MTB	P+S		Rifle on shooting range
	3x0.5 km running	P+S		Rifle on shooting range
<b>MIX</b> (At least 1 women)	3x1 km rollerskis**	P+S	14	Rifle on shooting range
	3x1 km MTB	P+S		Rifle on shooting range
	3x0.5 km running***	P+S		Rifle on shooting range
<b>165+</b> (Combine team age 165+ years old)	3x1 km rollerskis**	P+S	14	Rifle on shooting range
	3x1 km MTB	P+S		Rifle on shooting range
	3x0.5 km running***	P+S		Rifle on shooting range
<b>Kņīpas un Knauķi</b> (only W13/M13)	3x1 km rollerskis**	P+P	14	Rifle on shooting range
	3x1 km MTB	P+P		Rifle on shooting range
	3x0.5 km running***	P+P		Rifle on shooting range

\* Participants who have applied for the main competition can take part.

\*\* Rollers SKIGO aluminum, wheels No. 3 - provided by the organizers, given before the start.

**The 30<sup>th</sup> day of August:**

### **PURSUIT (MTB)**

<b>Group</b>	<b>Distance</b>	<b>Shooting range (P-Prone, S- standing)</b>	<b>Penalty time (sec.)</b>	<b>Notes</b>
W13, M13	4 km (4x1.0 km)	P+P+P	11	Rifle on shooting range
W60, M70	5 km (5x1.0 km)	P+P+S+S	13	Rifle on shooting range
W16 – W50, M60	6 km (5x1.2 km)	P+P+S+S	18	Rifle on the pyramid
M16 – M50	8.5 km (5x1.7 km)	P+P+S+S	26	Rifle on the pyramid

### **MANAGEMENT**

The competition is organized by Andis Pušņakovs and Association *Active AP* in cooperation with *Madona BJSS*.

The chief referee – Andis Pusnakovs

Tracks - Pusnakovs Andis

Time control and shooting range – Normunds Bērziņš

Shooting range – Rainers Upenieks

### **AWARDING**

With medal and prizes will be awarded 1st – 3rd place winners in each group. Special prizes and consolation prizes are planned.

### **ADMISSION OF PARTICIPANTS**

Only those who are healthy and physically ready to complete the distance can participate in the competition! Organizers of the competition do not take responsibility for accidents or diseases (those two are not invited). Each one himself is responsible for their health condition, health and accident insurance. Those who are unable to provide it – please ask your parents, guardians, or sponsors to find a solution. Transport, accommodation, food and participation expenses cover sending organization, sponsors or participant themselves.

#### **Accommodation**

As organizers of the competition, we may recommend accommodation facilities “Smeceres sils”, “Sila terases” and “Sniegi”. Those apartments are located within easy reach from sports and recreation centre “Smeceres sils”

### **DISQUALIFICATION**

Disqualified is everyone who violates the rules of sports and recreation center “Smeceres Sils” and during the competition violates any of below mentioned rules:

- non-sporty behavior;
- disregard of remarks of organizers and referees;
- disregard of safety rules on shooting range and with a rifle;
- for shortening the distance

Can also disqualify a participant who has finished and until awards ceremony has violated any of above-mentioned rules, thus giving an option to other participant to step up for a position in the group.

### **PROTESTS**

We hope very much that there won't be any protest as we are tended not only on atmosphere where one has to win for any price. The most important is to enjoy yourself, nature and great people around. But, in case if such a situation appears, the chief referee makes an objective decision about importance of the protest.

Submission protest fee is EUR 50.00 by a richly served table covered by an applicant, inviting involved parties. Protests will be reviewed at available time out of the organization of the race – perhaps, after the competition. Results of protest will be sent via e-mail!

#### **Commission of protest:**

Chief: Andis Pušņakovs

Members: Aira Bērziņa

Other and Participant or coach loyal to applicant

### **PHOTO AND VIDEO**

Organizers have rights to use photos and video records taken during the race and to use them for promoting the competition without confirmation with people in it. Published photos and video will be available for downloading.

### **CHANGES IN REGULATIONS**

Organizers have rights to make changes and additions in regulations. Organizers are not responsible about ignorance of regulations.

**APPLICATIONS**

Application shall be submitted until 25<sup>th</sup> day of August this year, 16.00. Application form is available [www.smeceressils.lv](http://www.smeceressils.lv). Mob.: +371 29391780 (Andis)